



Thistle Hill Academy After School Club Menu

Every day we offer a fruit snack at 3:30pm

At 4:00pm we offer an additional choice from the menu below. Fresh fruit juice, water and milk are available throughout the evening.

If your child is staying until 6:00pm, a hot meal will be provided at 5:00pm.

Special dietary requirements can be catered for (please speak to a member of staff).

Fillings for wraps, rolls and sandwich thins will include: Ham, chicken, cheese, marmite and jam

Monday	Tuesday	Wednesday	Thursday	Friday
Sandwiches/Sandwich thins Cucumber sticks Yoghurts	Sausage rolls Bread sticks Grapes Jelly	Pitta breads/wraps Apple slices Strawberry mousse	Rolls Orange slices Custard	Toast/Rice cakes Pineapple chunks Popcorn (low sugar)



Hot meal menu to be served at 5:00pm



Special dietary requirements can be catered for (please speak to a member of staff)

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken nuggets and potato waffles	Beans/spaghetti hoops on toast	Hot dogs	Pizza	Pasta with sauce or cheese